

EXTENSION DAY ACTIVITIES FOR 16th NOVEMBER 2011

On Wednesday November 16th we will be offering a range of cross-curricular and cross-year activities designed to help you learn in a different way for years 10,11, 12 and 13.

This document sets out the alternatives, some of which are for particular groups of students. **Some of you will be asked to participate in certain activities by the teacher leading the activity.** Other students should look at the brochure before making a choice.

If you have a free choice, you need to sign up for your chosen activity, giving a first second and third choice. There is a cost attached to some of these activities, so bear this in mind when making your choice. Fill in the choice form and hand it in to reception by Wednesday 2nd November .



EXTENSION DAY ACTIVITY 1: Year 11/12 Imperial War Museum Trip

Details of this activity have yet to be confirmed. At present it is planned to visit the Holocaust exhibition and spend time reflecting on the impact of war on people's lives

EXTENSION DAY ACTIVITY 2: England Handball Change 4 Life Schools Sports Clubs Leadership and Coaching Training Package.

Aims

To become qualified in the leadership, coaching and officiating of the Olympic sport of handball

To be confident enough to deliver a handball after school club at either the College or one of the town's middle schools

Learning Objectives

To perform basic skills and to introduce the game to complete beginners

To understand and implement basic rules and a scoring system

To determine strategies for successful playing of the game

Activities

Students will learn:

- how to play handball
- how to coach the sport
- how to officiate and score

Costs

All costs will be paid by the Forest Heath School Sports Partnership. The cost to students is therefore nil.

Timings

The course will start in the sports hall at 9am and run until the end of the school day.

Other

The course can only run with a minimum number of 14 students and a maximum of 20, to be accompanied by a member of staff.

EXTENSION DAY ACTIVITY 3: Gardening Project

Aims

To undertake practical physical activity outdoors
To increase your appreciation of the natural world

Learning objectives

You will work as a team member
You will participate effectively in the tasks to get the jobs done

Activities

We will be quite a small group (up to 15 students). We will tidy the woodland walk, weed and plant the quad and dig over and possibly plant the allotment. The day will be hard work, and not for those who are not prepared for physical work. Old clothes and footwear will be needed, and also gloves. This will suit those of you who like doing practical activities in the open air.

EXTENSION DAY ACTIVITY 4: Creative writing workshop

Aims

To launch a creative writing group for the college.
To participate in a creative writing workshop at the Fitzwilliam museum in Cambridge
To have an opportunity to see some of the artefacts in the museum which will provide a creative stimulus for writing.

Learning Objectives

- To develop your creative writing skills

Activities

You will travel to the Kettles Yard museum in Cambridge where you will take part in a 90 minute session focussing on a theme for creative writing. Following a look at some of the displays in the museum, you will return to the college to create your written work. This will be the launch activity for our creative writing group, which Mrs Nolan and Ms Lallaway will run.

Any student may apply but numbers will probably be limited to 15.

Cost

The cost of this activity will be £4 per person.

EXTENSION DAY ACTIVITY 5: Fashion Pop Art Photo Shoot

Aims

With the use of fancy dress and ingenuity the students will be composing a portrait photograph. The photographs will then be digitally manipulated within Photoshop. The concept of the day is to recreate some stunning pop art photography whilst have fun with dressing up and recreating our identity.

Learning objectives

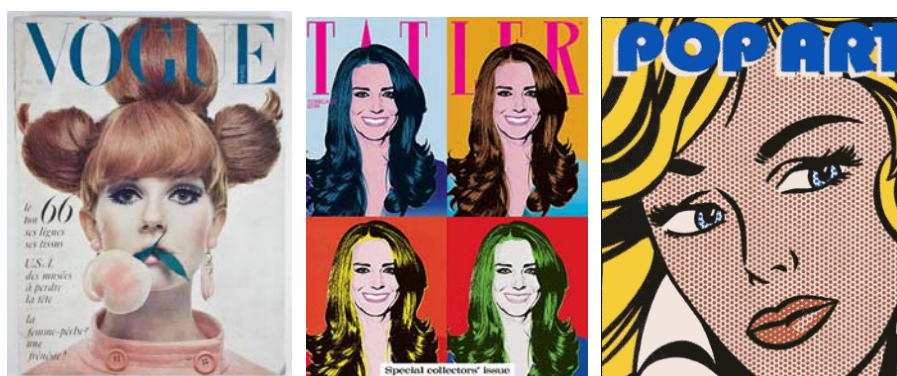
You will work in a team to achieve objectives – Photographing and making the costumes
You will develop your creative skills – Modeling, Using digital cameras and working with Photoshop.
You will work out solution to problems.

Activities

Students will choose from a selection of dressing up resources and waste materials to create a playful celebrity character.

Students will photograph one another in their costumes ready to use on the computer.
(Photographing will be taken in a studio set up)

Student will be using the images and turning them into Fashion magazine covers which will all have the pop art theme, for example **VOGUE, GLAMOUR, TATLER**



EXTENSION DAY ACTIVITY 6: Extended Project (Year 13 only)

Aims

To plan or deliver the presentation part of the project and to complete the production log and assessment record.

Learning Objectives

To present the findings of your Extended Project in an interesting, stimulating and engaging way.

To deliver the presentation to a small audience and field questions about your research.

To complete the project's paper work in such a way as to gain maximum marks.

Activities

Working independently to plan the presentation and then in small groups to deliver it.

Workshops on completing the production log and assessment record.

EXTENSION DAY ACTIVITY 7: Young Enterprise Apple Day

Aims

To create a range of apple-based products to sell and raise funds

Learning Objectives

To design and create food products

To evaluate and decide on appropriate marketing strategies

Activities

Preparation of materials

Organization of ingredients

Designing possible products

Making the products

Selling the final products

Evaluation

EXTENSION DAY ACTIVITY 8: Orienteering

Aims

To develop leadership skills

To promote team working skills

To promote social and emotional aspects of learning

Learning Objectives

Students will

- Solve problems
- Think creatively
- Participate and communicate effectively
- Enjoy some physical exercise in the open air

Activities

Students will work in teams to navigate the orienteering course in the shortest possible time.

This activity will take place in Thetford Forest.

Cost

The cost of this activity will be £10 per person.

Numbers are limited to 65 students.

.EXTENSION DAY ACTIVITY 9: Multisport Day

Aims

To enable students to participate in unusual group sporting activities.
To try out alternative sports in a positive environment.
To give opportunities for students who excel in these sports to lead others.

Learning Objectives

Demonstrate leadership
Expand on current skills by trying new activities
Play by the rules
Evaluate the day
Congratulate myself and others on success.

Activities

You will play dodgeball, ultimate frisbee, waterpolo, volleyball and T ball.

You must be able to swim to take part in this day. Please do not pick this option if you cannot swim.

There will be prizes at the end of the day for teams which show sportsmanship, leadership and improvement.

EXTENSION DAY ACTIVITY 10: Endless Possibilities Photoshop workshop

Aims

For GCSE and A level students- the opportunity develop your coursework portfolios using a wide range of Photoshop developmental techniques.

Learning Objectives

To GENERATE and DESIGN a creative product from source material.
To experiment with new digital techniques to create art work.
To develop coursework portfolios for examination candidates.

Activities

You will spend the day working in the art department, with the help and guidance of Mrs Carr. Examination students will develop and extend their coursework portfolio creating designs and a digital final piece. Some year 11 students will be **invited** to attend.

EXTENSION DAY ACTIVITY 11: Gifted and talented portraiture and Photoshop

Aims

For GCSE and A level students – the opportunity to develop and element of your coursework using a range of digital techniques. You will learn how to take professional portrait photographs with studio lighting and develop these using Photoshop. You will respond to the work of other photographers and produce a final piece of work of a very high standard.

Learning Objectives

To GENERATE a professional photo shoot.

To EXPERIMENT with high level digital media to create art work.

To ANALSE and EVALUATE outcomes and refine work.

Activities

You will spend the day working in the art department and the training room, with the help and guidance of Miss Peck. You will learn, explore and develop a range of techniques and work towards a personal final piece. Some year 10 and 11 students will be **invited** to attend.

EXTENSION DAY ACTIVITY 12: Music GCSE Intervention Day

An opportunity for GCSE Music students to complete their compulsory coursework.

EXTENSION DAY ACTIVITY 13: We Will Rock You

Aims

- Develop creative thinking skills
- Produce pride-engendering performances
- To introduce the concept of working to deadlines
- Effectively apply inter-personal and team working skills: demonstrate synergy in action
- Promote a sense of inter', extra' and in' dependence
- Foster quality and beneficial relationships vertically throughout the school
- Motivate and inspire.
- Have fun.

Learning objectives

Group performance is designed to develop the following personal learning and thinking skills

- To solve problems collaboratively
- To think creatively
- To become reflective learners, evaluating performance and progress
- To become effective participators
- To communicate effectively

Activities

To rehearse and refine all aspects of the college 2011 production including:

- Refinements to Set building
- Lighting, Sound, Photography and Audio Visual
- Costumes and Props
- Choreography
- Performers

MANDATORY FOR ALL PRINCIPALS, CAST MEMBERS, DANCE CREW MEMBERS AND ELLIOTT PAPWORTH.

EXTENSION DAY ACTIVITY 14: Maths Intervention Day

Aims

To build confidence in the year 11 pupils to retake both their year 10 modules.

Objectives

To interpret questions correctly

To use diagrams and other graphics as a tool for problem solving

To recognise and know how to use the functions of a scientific calculator

To be able to use estimating and understand how to check answers

Activities

Group work looking at exam technique, in particular solving problems and reasoning and explaining, estimating, checking and keeping to time

Small group/paired work on interpretation of word problems and in detail on possible approaches

There will be an open Q and A session on problematic topics chosen by the students

One to one support with areas of particular concern.

EXTENSION DAY ACTIVITY 15: Football Workshop

Aims

To develop students all round ability to perform and participate in football

This will be an enjoyable and rewarding day for all football enthusiasts. It will be a chance for players new and experienced to develop their individual and team skills with some excellent young coaches. The day is a must for all players looking to improve their skills and understanding of football.

The day will be delivered by our very own Level 1 coaches.

Learning Objectives:

- To develop individual and team skills.
- To understand the importance of both physiological and psychological preparation for performance.
- To create a better understanding of the strategies and tactics of football
- To develop a better understanding of the etiquette of the game.

Activities

- Development of individual skills –passing, shooting, tackling, heading and making space.
 - Development of team skills
 - Development of set piece –free kicks, corners etc
 - The day will finish with a tournament.
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EXTENSION DAY ACTIVITY 16: Youth Award Challenge

Aims

To gain evidence for three Youth Award challenges.

Learning Objectives

To enjoy and achieve: to appreciate the environment by taking part in an activity at an indoor leisure activity.

Activities

This activity involves a visit to Ely Museum and Strikes Bowling in Ely

Cost

The cost of this activity is £10 per student.

This activity is for students in the year 11 Youth Award group.

EXTENSION DAY ACTIVITY 17: Driverite

Aims

To provide young people with an introduction to driving through a programme of informative and interactive sessions designed to educate them and promote safe driving.

Learning Objectives:

- Gain a basic understanding of motor vehicle maintenance
- Learn the basics of driving a motor vehicle
- To understand safe driving
- To recognise risky behaviours when driving
- Gain knowledge of some of the legislation surrounding driving

Activities

Students will take part in the following activities:

Drivewise presentation from Suffolk constabulary

Roadsafe – reaction testing, driving simulator and crash simulation

Practical driving experience in a dual control car

Basic understanding the use of motorcycles and opportunity to drive one

This activity will be open to sixth form and year 11 students only. Maximum 72 students

EXTENSION DAY ACTIVITY 18: Animation Day

Aims

To produce a 30 second (minimum) animation to highlight a global issue (e.g. global warming, poverty) using cartoon characters.

Lesson Objectives

Analyse a number of animations and identify good and bad features

Discuss ideas for an informative and interesting 30 second or more animation

Design an animation in a storyboard style, showing the various elements of your animation

Create an animation using appropriate software

Activities

1. Brainstorming ideas
 2. Storyboarding
 3. Drawing techniques in Flash
 4. Motion techniques in Flash
 5. Tweening
 6. Hotspots
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EXTENSION DAY ACTIVITY19: Olympic 2012 Group

Aims

To involve Newmarket College students in the London 2012 Games
Raise awareness of the Games in Newmarket College and the local community
Develop student leadership.

Learning objectives

Involve talented pupils in **leading** Olympic projects within Newmarket College.
Set **individual tasks** and challenges for the gifted and talented.

Activities

Students will be working on projects which will focus on promoting the London 2012 Olympic Games in both Newmarket College and the local community. Projects include Young Games Maker, the Olympic Truce, Newmarket College Cook – a – thon and preparing to put a proposal together to be part of The Run to the Olympic Park.

EXTENSION DAY ACTIVITY 20: Wicken Fen Fieldtrip

Aims

To explore Britain's remaining piece of Fen habitat. (Independent Enquirers)
To learn first hand about conservation strategies from National Trust experts.
To work effectively as part of a team. (Team Workers)

Learning Objectives

To describe the conservation strategies employed at the Fen.
To evaluate the long term success of the 'Wicken Fen Vision.'
To identify key species in a biologically diverse ecosystem.

Activities

We will be leaving school around 9am, and returning by 2pm. We will travel by car.
You will work as part of a small team, exploring the Fen and visitor centre, observing and recording species and listening to experts in conservation strategies. You will evaluate the likelihood of the 'Wicken Fen Vision' achieving its goals, on your return to the College.

Cost: The cost of this activity will be £4.50 per person.

This activity is limited to A2 Geography students.

EXTENSION DAY ACTIVITY 21: SNO!Zone – Milton Keynes

Aims

To visit the indoor ski slopes and learn/improve skiing technique at Milton Keynes
To try out alternative sports in a safe environment
To build confidence outside a comfort zone.

Learning objectives

To reflect upon self-progress made throughout the session
To effectively participate in a new/alternate activity.
To independently manage yourself on the recreational slopes or in lessons

Activities

There are 2 options:

If you **can ski confidently** – 2 hour session on the recreational slope

Please note: If you say you can ski and then it is evident that you cannot or are unsafe, you will be asked to leave the slope and a refund **will not** be issued.

If you have **not skied before or are not confident** – 1 hour lesson with a qualified instructor

Optional extra - Bowling will be offered in the time before the skiing lesson and all students will have the opportunity to play.

Timings

- Departure from the college will be 8.30am
- Return to the college will be at approximately 4.00pm

Total cost: £40 per person

EXTENSION DAY ACTIVITY 22: Film Studies Day

The day will comprise of film viewings and analysis of the films, culminating in dissection of the skills necessary for the Living with Crime module – the Socio-Political option of the WJEC syllabus. The students will, at the end of the day, be almost fully prepared for this module of the exam. This activity is open to Year 12 students.

EXTENSION DAY CHOICE FORM FOR 16th NOVEMBER

Name: _____ Tutor Group: _____

Please write 1 next to your first choice and 2 next to your second choice.

	Preference		Preference
1. Imperial War Museum (Year 11 & 12 only)		12. Music GCSE Workshop	
2. Handball Leadership and Coaching Training Package		13. We Will Rock You (Mandatory for invited Students)	
3. Gardening project		14. Maths Intervention Day	
4. Creative writing workshop Invited target group		15. Football Workshop	
5. Pop Art Fashion Photo-Shoot		16. Youth Award Challenge Invited target group	
6. Extended Project (Year 13)		17. Driverite (Year 11/12 students)	
7. Young Enterprise Apple Day		18. Animation Day	
8. Orienteering		19. Olympic 2012 Legacy Group	
9. Multisport Day		20. Wicken Fen Field trip	
10. Endless Possibilities Photoshop Workshop		21. SNO!zone	
11. Gifted and Talented Portraiture and Photoshop		22. Film Studies (Year 12)	

Hand this form to reception by Wednesday 2nd November 2011

Places will be allocated on a first come first served basis. Please do not give in any money for activities at the moment. We will give out letters on November 3rd inviting students to pay for the activities they have been allocated.